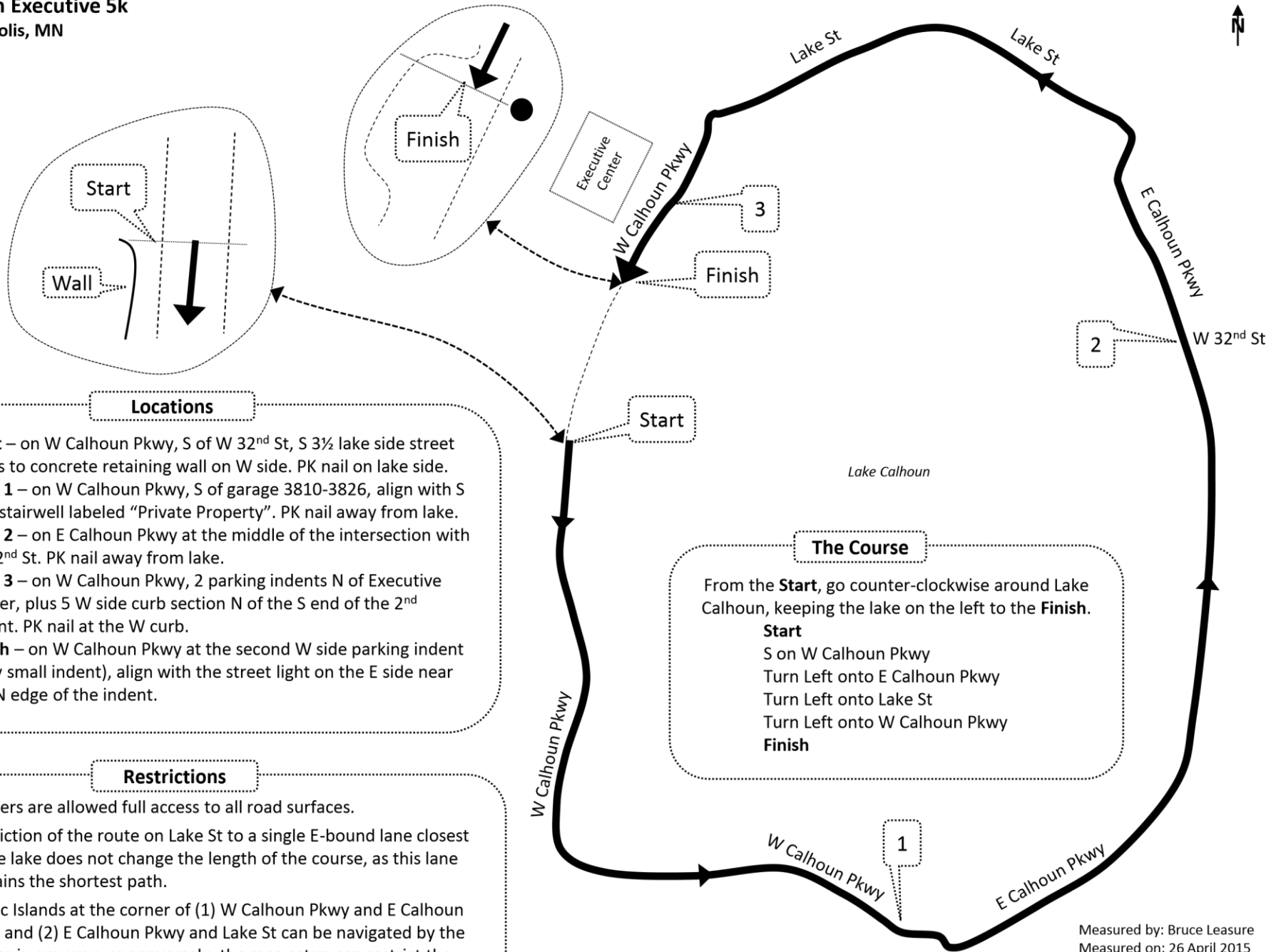


Calhoun Executive 5k
 Minneapolis, MN



Locations

Start – on W Calhoun Pkwy, S of W 32nd St, S 3½ lake side street lights to concrete retaining wall on W side. PK nail on lake side.
Mile 1 – on W Calhoun Pkwy, S of garage 3810-3826, align with S side stairwell labeled “Private Property”. PK nail away from lake.
Mile 2 – on E Calhoun Pkwy at the middle of the intersection with W 32nd St. PK nail away from lake.
Mile 3 – on W Calhoun Pkwy, 2 parking indents N of Executive Center, plus 5 W side curb section N of the S end of the 2nd indent. PK nail at the W curb.
Finish – on W Calhoun Pkwy at the second W side parking indent (very small indent), align with the street light on the E side near the N edge of the indent.

Restrictions

Runners are allowed full access to all road surfaces.
 Restriction of the route on Lake St to a single E-bound lane closest to the lake does not change the length of the course, as this lane contains the shortest path.
 Traffic Islands at the corner of (1) W Calhoun Pkwy and E Calhoun Pkwy and (2) E Calhoun Pkwy and Lake St can be navigated by the runner in any way, or conversely, the race setup can restrict the course there, as this only makes the course slightly longer.

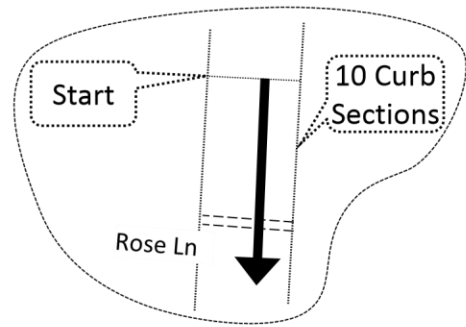
The Course

From the **Start**, go counter-clockwise around Lake Calhoun, keeping the lake on the left to the **Finish**.
Start
 S on W Calhoun Pkwy
 Turn Left onto E Calhoun Pkwy
 Turn Left onto Lake St
 Turn Left onto W Calhoun Pkwy
Finish

Calhoun Executive 10k
 Minneapolis, MN

Locations

- Start** – on W Calhoun Pkwy, N of Rose Ln, 10 lake side curb sections N of N crosswalk at Rose Ln. PK nail lakeside.
- Mile 1** – on Richfield Rd, E of 3765, E 1 away from lake street light + 2 curb sections further E. no PK.
- Mile 2** – on E Calhoun Pkwy, N of 3033, N to end of indent at lake side light pole. PK away from lake.
- Mile 3** – on W Calhoun Pkwy, S of W 32nd St, 1 lake side storm drain S + 4 lake side curb sections S. PK on lake side.
- Mile 4** – on W Calhoun Pkwy, midway between Thomas & Sheridan, 7 concrete curb sections N of lake side light pole at S end of parking lot indent. PK on lake side.
- Mile 5** – on E Calhoun N of W 33rd St, a N edge of corner house. PK on lake side.
- Mile 6** – on W Calhoun Pkwy S of Lake, 1 E side street light S + 4 E side curb sections S. PK away from lake.
- Finish** – on W Calhoun Pkwy at the second W side parking indent (very small indent), align with the street light on the E side near the N edge of the indent. PK away from lake.

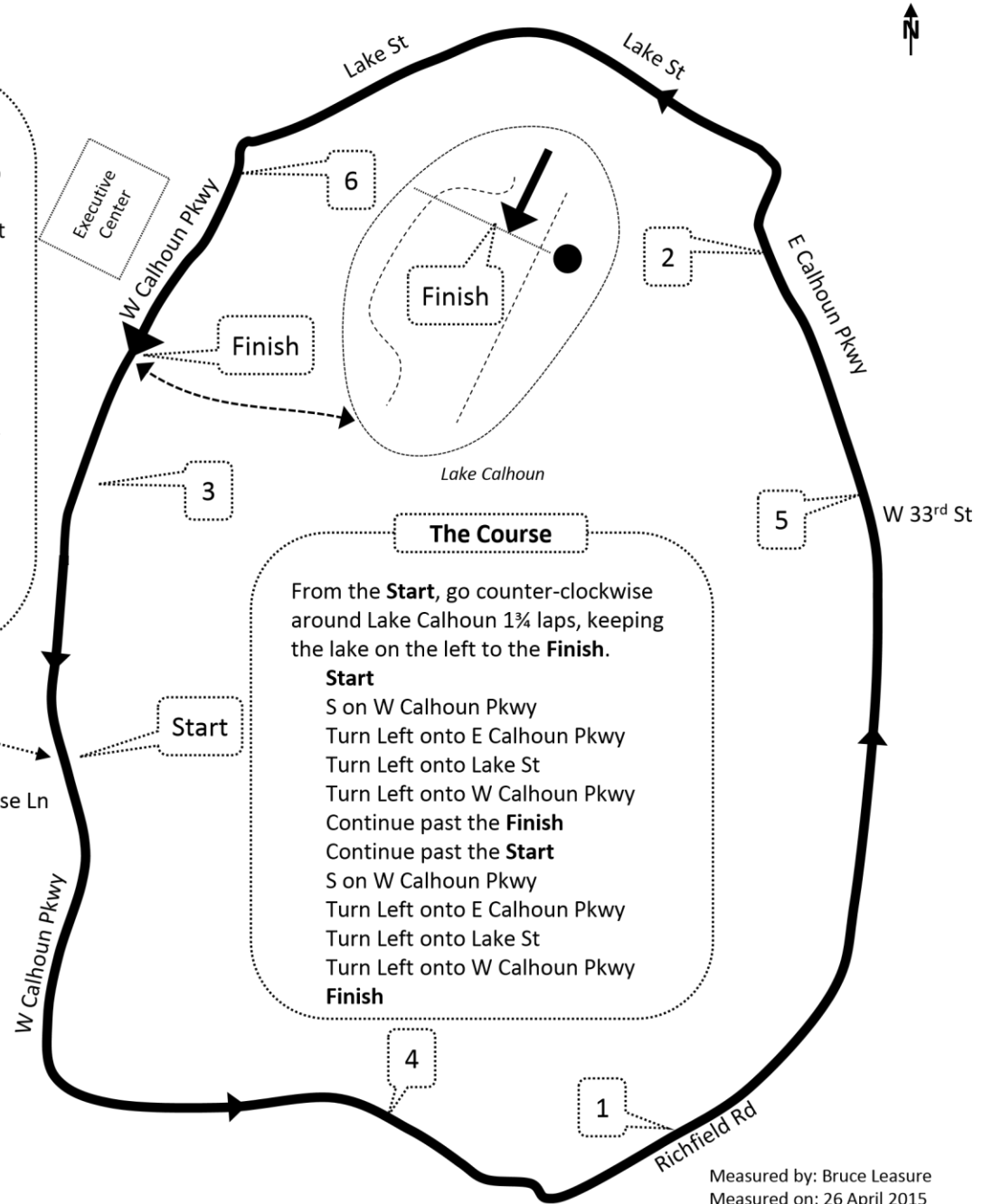


Restrictions

Runners are allowed full access to all road surfaces.

Restriction of the route on Lake St to a single E-bound lane closest to the lake does not change the length of the course, as this lane contains the shortest path.

Traffic Islands at the corner of (1) W Calhoun Pkwy and E Calhoun Pkwy and (2) E Calhoun Pkwy and Lake St can be navigated by the runner in any way, or conversely, the race setup can restrict the course there, as this only makes the course slightly longer.



The Course

From the **Start**, go counter-clockwise around Lake Calhoun 1¼ laps, keeping the lake on the left to the **Finish**.

Start

- S on W Calhoun Pkwy
- Turn Left onto E Calhoun Pkwy
- Turn Left onto Lake St
- Turn Left onto W Calhoun Pkwy
- Continue past the **Finish**
- Continue past the **Start**
- S on W Calhoun Pkwy
- Turn Left onto E Calhoun Pkwy
- Turn Left onto Lake St
- Turn Left onto W Calhoun Pkwy
- Finish**